



Pine Grove Presbyterian Church

The Time of Your Life Lectures

April 28, 2024—2 to 4 p.m.



The Pine Grove Presbyterian Church in conjunction with Penn State Extension is offering a lecture series starting this spring. Each lecture is designed to improve quality of life: Best Foods, Understanding Medication & Supplements; Brain & Body; Importance of Love & Forgiveness. The lectures will be recorded & handouts provided. Attend in person at 150 W. Pine Grove Road, Pine Grove Mills, PA 16868 or you can access our Zoom link via our website, <http://www.pinegrovepresbyterian.com>. Come join us!



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